Madeleine Rollason

MBACP (Accred) · BACP Accredited Supervisor · PNCPS (Acc.) · NCPS Approved Supervisor · ACC Accredited Counsellor & Supervisor

Supervision Agreement

A space to step back from your client work and think about it with someone alongside you. I am a psychodynamic counsellor and supervisor with over 30 years' experience, offering individual supervision online to student and experienced counsellors.

Supervision in brief

The first purpose of supervision is to safeguard the wellbeing of your clients. It is equally there for you: a collaboration in which we reflect on your work, your way of working and your developing knowledge, so that you can practise ethically, professionally and in your clients' best interests.

Regular supervision is a requirement of the BACP Ethical Framework and of BACP accreditation. It also brings accountability and companionship to work that can be demanding and, for many counsellors, isolating.

About my supervision

I have worked as a counsellor, psychotherapist and supervisor for over 30 years. I am a BACP Accredited Supervisor, an NCPS Approved Supervisor and an ACC Accredited Supervisor. My core training is psychodynamic, and I have also trained in CBT, in couples work through Relate and in EMDR, which I integrate into my practice, so I am comfortable supervising counsellors from a range of approaches.

Online supervision

I offer supervision by video, using a secure online platform. Before our first meeting I will send you a link to my virtual waiting room, which you use at the time of each appointment. If we run into technical difficulties, we can switch to another video platform or rearrange the session.

Tips for a good online session:

- Use an up-to-date browser such as Google Chrome or Firefox, and check it has permission to use your camera and microphone. Closing other applications helps the connection.
- Choose a private room where you can talk freely without being overheard or interrupted.
- Use a good, secure internet connection rather than public Wi-Fi. Sitting near your router and limiting the number of other devices connected to it can help.

Fees

£60 for a 60-minute session **£85** for a 90-minute session

Cancellations

If you need to cancel an appointment, please give as much notice as possible, preferably more than 24 hours. There is no charge for appointments cancelled with more than 24 hours' notice. If you give less than 24 hours' notice, I may charge the full session fee at my discretion.

Notes

I keep brief notes to track our work together and support our supervision. They are kept securely in a locked cabinet and destroyed three years after our supervisory relationship ends.

Confidentiality

My supervision practice is guided by the BACP Ethical Framework for the Counselling Professions and the NCPS Code of Ethics. As part of good practice I discuss my own supervision work with my consultant supervisor, without sharing anything that could identify you or your clients.

What we discuss in supervision is confidential, with some limits. If I believe that you are at risk, or that your practice is putting clients or others at risk, I will always try to resolve this with you first. In the unlikely event that we cannot, I may need to contact your employing or training organisation, or your professional body. I may also be required by law to share information, for example under the Children Act, the Terrorism Act, the Proceeds of Crime Act or the Road Traffic Act.

Contact between sessions

If something comes up between sessions that you need to talk through, you can reach me by phone or email between 9am and 7pm on most days.

How to contact me

Landline: 01582 472247 **Mobile:** 07715 288320

Email: enquiries@madeleine-rollason.co.uk **Website:** www.madeleine-rollason.co.uk

Professional registration

I am an accredited member of the following professional bodies, all of which hold registers accredited by the Professional Standards Authority. For more about the ethical codes I work within, you can contact them directly.

- **British Association for Counselling & Psychotherapy (BACP):** MBACP (Accred) and Accredited Supervisor. 01455 883300, www.bacp.co.uk
- **National Counselling & Psychotherapy Society (NCPS):** Accredited Professional, PNCPS (Acc.), and Approved Supervisor. 01903 200666, www.ncps.com
- **Association of Christians in Counselling & Linked Professions (ACC):** Registered Accredited Counsellor and Accredited Supervisor. www.acc-uk.org

Getting started

We begin with an initial meeting of about an hour to talk about what you are looking for from supervision and whether we are a good fit. If you would like to go ahead on the basis set out in this agreement, please tick the box below and email the completed agreement to me.

☐ **Please tick this box to confirm that you have read, understood and agree to this supervision agreement. Email the completed agreement to me, and we will agree regular times that suit us both.**

Name(s): **Date:**